



| Reflection : Jesus came to serve, not to be served. How can you adopt a servant's heart today? |
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| March 20 – Thursday ☐ Jeremiah 17:5-10 ☐ Reflection: Blessed is the one who trusts in the Lord. Where do you need to surrender your trust today? |
| March 21 – Friday ☐ Genesis 37:3-4, 12-28 (Joseph is sold by his brothers) ☐ Reflection: Even betrayal can lead to God's greater plan. How can you trust God in your challenges? |
| March 22 – Saturday Luke 15:1-3, 11-32 (The Prodigal Son) Reflection: God always welcomes us home. Where do you need to return to Him today? |
| Week 4: A New Heart & A New Spirit |
| March 23 – Third Sunday of Lent John 4:5-42 (Jesus and the Samaritan Woman) Reflection: Jesus offers us living water. What are you thirsting for in your spiritual life? |
| March 24 – Monday ☐ 2 Kings 5:1-15 ☐ Reflection: Naaman had to humble himself to be healed. What area of pride might be holding you back from growth? |
| March 25 – Tuesday ☐ Daniel 3:25, 34-43 ☐ Reflection: In the fire, God was with them. Where do you need to trust God's presence in difficulty? |
| March 26 – Wednesday Matthew 5:17-19 Reflection: Jesus fulfils the law, not abolishes it. How can you grow in your understanding of His teachings? |
| March 27 – Thursday Luke 11:14-23 Reflection: "Whoever is not with me is against me." What does it mean to fully commit to following Christ? |

| March 28 – Friday Mark 12:28-34 Reflection: The greatest commandment is love. How can you love God and others more deeply today? March 29 – Saturday Luke 18:9-14 Reflection: The humble will be exalted. How can you cultivate humility in your life? |
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| Holy Week: The Passion of Christ |
| April 13 – Palm Sunday Matthew 21:1-11 Reflection: Jesus entered Jerusalem humbly. What does humility look like in your life? |
| April 14 – Holy Monday John 12:1-11 Reflection: Mary anointed Jesus with costly perfume. What are you offering to Christ today? |
| April 15 – Holy Tuesday John 13:21-33, 36-38 Reflection: Jesus knew Peter would deny Him. How does Christ's mercy extend to your own failings? |
| April 16 – Holy Wednesday Matthew 26:14-25 Reflection: Judas betrayed Jesus. Where does temptation seek to lead you away from faithfulness? |
| April 17 – Maundy Thursday John 13:1-15 Reflection: Jesus washed His disciples' feet. How can you serve others in love today? |
| April 18 – Good Friday John 18:1—19:42 Reflection: Christ's sacrifice on the cross is our salvation. Take time to reflect on His love. |
| April 19 – Holy Saturday |

Matthew 27:57-66

Reflection: The disciples waited in sorrow. In times of waiting, how can you hold onto hope?

- Easter Sunday April 20, 2025
- John 20:1-9 (The Empty Tomb)
- **Reflection**: He is risen! How does Christ's resurrection bring new life to your heart?

I hope this daily guide helps deepen your Lenten journey in 2025! Let me know if you'd like adjustments. 🙏 🔆