

## Third Sunday of Lent – 7 March 2021

### Welcome

**Hymn** - Be thou my vision, O Lord of my heart

### Preparation

O Lord, open our lips

**and our mouth shall proclaim your praise.**

Hear our voice, O Lord, according to your faithful love,

**according to your judgement give us life.**

The sacrifice of God is a broken spirit;

A broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,

And acknowledge our transgressions in penitence and faith.

Psalm 51: 17

Wash me thoroughly from my wickedness and cleanse me from my sin:

Lord, have mercy.

**Lord, have mercy.**

Make me a clean heart , O God, And renew a right spirit within me:

Christ, have mercy.

**Christ, have mercy.**

Cast me not away from your presence and take not your holy spirit from me:

Lord, have mercy.

**Lord, have mercy.**

Almighty God,

Who forgives all who truly repent, have mercy upon you,

Pardon and deliver you from all our sins, confirm and strengthen you in all goodness,

And keep you in life eternal; through Jesus Christ our Lord. Amen.

Blessed are you, God of compassion and mercy,  
to you be praise and glory for ever.

In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,  
sustain us with your bountiful Spirit  
and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.

**Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

**As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.**

**Amen.**

## **The Word of God**

### **Psalmody Psalm 19**

- 1 The heavens are telling the glory of God  
and the firmament proclaims his handiwork.
- 2 **One day pours out its song to another  
and one night unfolds knowledge to another.**
- 3 They have neither speech nor language  
and their voices are not heard,
- 4 **Yet their sound has gone out into all lands  
and their words to the ends of the world.**
- 5 In them has he set a tabernacle for the sun,  
that comes forth as a bridegroom out of his chamber  
and rejoices as a champion to run his course.

- 6 It goes forth from the end of the heavens  
and runs to the very end again,  
and there is nothing hidden from its heat.**
- 7 The law of the Lord is perfect, reviving the soul;  
the testimony of the Lord is sure  
and gives wisdom to the simple.
- 8 The statutes of the Lord are right and rejoice the heart;  
the commandment of the Lord is pure  
and gives light to the eyes.**
- 9 The fear of the Lord is clean and endures for ever;  
the judgements of the Lord are true  
and righteous altogether.
- 10 More to be desired are they than gold,  
more than much fine gold,  
sweeter also than honey,  
dripping from the honeycomb.**
- 11 By them also is your servant taught  
and in keeping them there is great reward.
- 12 Who can tell how often they offend?  
O cleanse me from my secret faults!**
- 13 Keep your servant also from presumptuous sins  
lest they get dominion over me;  
so shall I be undefiled,  
and innocent of great offence.
- 14 Let the words of my mouth and the meditation of my heart  
be acceptable in your sight,  
O Lord, my strength and my redeemer.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## First Reading Exodus 20: 1-17

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbour.

You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

**For the word of the Lord** Thanks be to God

## Canticle

**Full of compassion and mercy and love is God, the Most High, the Almighty.**

- 1 Lord almighty and God of our ancestors,  
you who made heaven and earth in all their glory:
- 2 **All things tremble with awe at your presence,  
before your great and mighty power.**
- 3 Immeasurable and unsearchable is your promised mercy,  
for you are God, Most High.
- 4 **You are full of compassion, long-suffering and very merciful,**

**and you relent at human suffering.**

5 O God, according to your great goodness,  
you have promised forgiveness for repentance

to those who have sinned against you.

6 **The sins I have committed against you  
are more in number than the sands of the sea.**

7 I am not worthy to look up to the height of heaven,  
because of the multitude of my iniquities.

8 **And now I bend the knee of my heart before you,  
imploring your kindness upon me.**

9 I have sinned, O God, I have sinned,  
and I acknowledge my transgressions.

10 **Unworthy as I am, you will save me,  
according to your great mercy.**

11 For all the host of heaven sings your praise,  
and your glory is for ever and ever.

*Manasseh 1a,2,4,6,7a,b,9a,c,11,12,14b,15b*

**Glory to the Father, and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

Reading John 2: 13-22

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he

was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

**For the word of the Lord** Thanks be to God

*A time of silence.*

To you, O Lord, I lift up my soul; **O my God, in you I trust.**

You are the God of my salvation, **To you, O Lord, I lift up my soul.**

In you I hope all the day long. **O my God, in you I trust.**

Remember, Lord, your compassion and love,

for they are from everlasting.

**To you, O Lord, I lift up my soul;**

**O my God, in you I trust.**

*from Psalm 25*

### **Gospel Canticle**

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

- 1 Blessed be the Lord the God of Israel,  
who has come to his people and set them free.**
- 2 He has raised up for us a mighty Saviour,  
born of the house of his servant David.**
- 3 Through his holy prophets God promised of old  
to save us from our enemies,  
from the hands of all that hate us,**
- 4 To show mercy to our ancestors,  
and to remember his holy covenant.**
- 5 This was the oath God swore to our father Abraham:  
to set us free from the hands of our enemies,**
- 6 Free to worship him without fear,  
holy and righteous in his sight  
all the days of our life.**
- 7 And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare his way,**
- 8 To give his people knowledge of salvation**

by the forgiveness of all their sins.

**9 In the tender compassion of our God**

the dawn from on high shall break upon us,

**10 To shine on those who dwell in darkness and the shadow of death,**

and to guide our feet into the way of peace.

*Luke 1.68–79*

**Glory to the Father and to the Son**

**and to the Holy Spirit;**

**as it was in the beginning is now**

**and shall be for ever. Amen.**

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**Address**

**Prayers**

**God of our salvation** we trust in your promises

*At the end*

Merciful Father: **Accept these prayers**

**For the sake of your Son Our Saviour Jesus Christ. Amen.**

*Silence may be kept.*

**Collect for the First Sunday of Lent**

Eternal God,

Give us insight to discern your will for us,

To give up what harms us,

And to seek the perfection we are promised

In Jesus Christ our Lord. **Amen**

Trusting in the compassion of God,

as our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## **NOTICES**

**Hymn – Jesus Christ is waiting, waiting in the streets**

## **The Conclusion**

Christ give us grace to grow in holiness,  
To deny ourselves, take up our cross, and follow him;  
And the blessing of God almighty, the Father and the Son  
And the Holy Spirit be among us and remain with us  
And all those for whom we pray this day and always.

**Amen**

Let us bless the Lord.

**Thanks be to God.**

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